

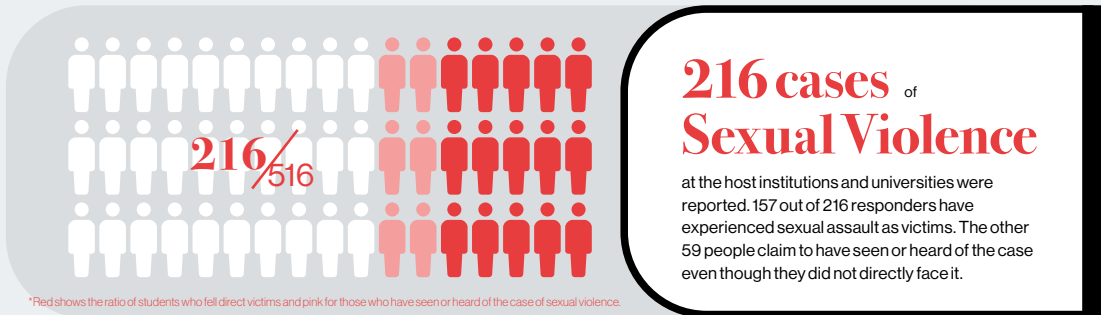
HOW TO DEAL WITH SEXUAL VIOLENCE FOR ALL THE STUDENTS STUDYING ABROAD



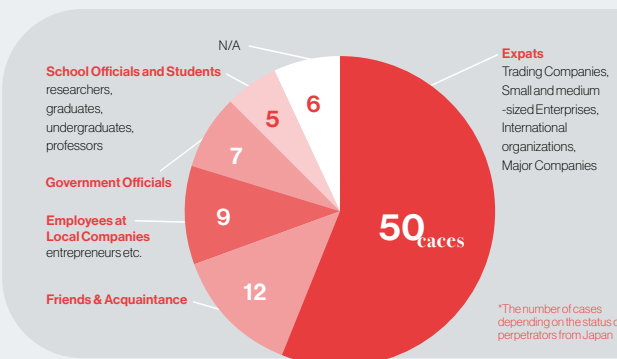
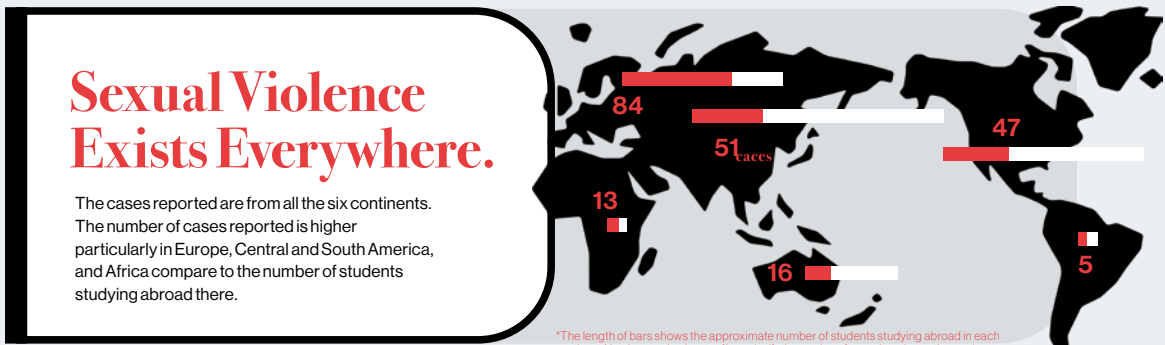
※The responses of this survey are mostly from those who have studied abroad and who are age from the early 10s to the early 30s, and 516 people answered the survey. All the information and data in this manual are based on the responses that we collected from May 30 to July 28, 2020.

We study abroad with courage and resolution. Regardless of the destination, we have the right to live as an individual with guaranteed dignity. Once being victims of sexual violence, we have messages to convey before you leave for your destination. We want you to know that there is the malicious and unreasonable sexual violence and it could happen to anyone, including you during the study abroad. We do hope that the future generation will study overseas safely.

The Sexual Violence at the Study Abroad Destination Exists.



*Red shows the ratio of students who fell direct victims and pink for those who have seen or heard of the case of sexual violence.



Perpetrators Misuse Their Social Status

In many cases, the victims are in their early 20s and the perpetrators are employed adults. Mostly, those to take advantage of the students who need an information network that they can depend on at the destination.

Know the fact

You wanted to know Earlier

Sexual violence by Japanese persons happens during study abroad, particularly.

There are frequent cases of sexual violence by Japanese persons in study abroad destinations. The reality is that those Japanese who possess essential information and networks of the location threaten victims using the power and social status; therefore, the victims cannot say "NO."

Students who have experienced violence mostly act either way: 1) remain silent in the community of Japanese people to let it go past, or 2) raise their voices to protect their dignity but become ostracised in the process. Most of the victims could not help but keep silent. What is important here is that you need to keep a moderate distance with the person without trusting them even if they are Japanese.



At the drinking party of a Japanese community...

*Examples of sexual violence: sexually harassing remarks, excessive physical contacts, kisses, rapes, date-rape drugs, persistent temptations

Sexual violence by persons other than Japanese.

What you do not want others to do to yourself should be the same no matter where you live. What on earth can a culture let anyone suddenly touch or kiss you without asking you? Are you worried about making the person uncomfortable by rejecting them? No, you can say "NO" and can leave them. The most important thing is your feeling. Sometimes you need to cut off the tie with them or come back home. The safety of your body and feeling needs to be your highest priority.

ASIANS NEVER RESIST.



Sexual harassment by the host family who takes care of the student for one-year...

I'M SOMEWHAT SCARED... BUT... IT MIGHT BE PART OF THEIR CULTURE?



The case of being tempted by a stranger just because the woman is Japanese...

*The illustrations on the left side are based on the actual cases.

3 points you want to remember in case of sexual violence

INSPECT & DEAL WITH IT ASAP!

In case of pregnancy and sexually transmitted diseases, take a morning-after pill, and have an inspection at the obstetrics and gynecology (OB/GYN) or with pregnancy test kits.

We recommend you purchase protections, morning-after pills, and pregnancy test kits beforehand in Japan since it could be hard to find ones at your study abroad destination.

HAVE SEVERAL PEOPLE TO TALK TO!

Although someone might unconsciously blame victims for being raped or sexually harassed, the chances to have the appropriate advice will be higher when you have several persons to talk to.

You can speak to the person you feel like talking to whenever you want to, for example, your parents, friends, university, someone you can trust in the country you study abroad, a counselor, and the center for sexual assault survivors.

YOU CAN PENALIZE PERPETRATORS!

Right after sexual violence, we know many victims would not feel like penalizing them. By having the perpetrators punished, however, victims will regain dignity and regain faith in society again.

There are cases that students reported the organizations or companies that perpetrators belong to and demanded compensation.

What you should know before study abroad

Look up the contact information on places you can ask for help in an emergency. Obstetrics and gynecology (OB/GYN) in your area, medical institutions available in Japanese, the Japanese Embassy, International Affairs at the university, counseling room, etc. Depending on the country and area, places you find helpful and trustful differ.

Check if you can purchase a morning-after pill in the destination or not. Here's the link to look up the availability of morning-after pills in your destination.



*World Health Organization. (2012). Sexual Violence [PDF File]. Understanding and addressing violence against women. Retrieved from https://apps.who.int/iris/bitstream/handle/10665/77434/WHO_RHR_12.37_eng.pdf

Victims are not at Fault

in ANYWAY.